

DFL HRSJ Season 2014
Healthy mind, your right for life!
DRAFT PROGRAMME

Date	Time	Venue	Event	Description	By
5 March - 21 March	Continuous	Site Specific	Installation/Campaign: Missing Person. You!	Invites people to place their stories on the installation of chairs. The collection of stories will be given to performers to interpret and perform at the opening event, and over the week at different sites – a sort of playback process. The performance is site specific includes, dance, monologues, song and other interpretations. The idea is to show people who told their stories their narratives are important and they are not alone.	Siziphiwe Keke
Monday 10 March	19h00	VOW UC9	Life.Beats Radio Show	Mental Health. The rights and responsibilities of students.	DFL Life.Beats Team
Tuesday 11 March	16h00-17h00	CCDU	Closed Workshop: Wellness	Mindfulness	Lucy Dixon-Clarke
Thursday 13 March	16h00-17h00	CCDU	Closed Workshop: Wellness	The benefits of Yoga for peer educators, etc.	Lucy Dixon-Clarke
Monday 17 March	12h30-13h30	UC1501	DFL Town Hall Presentation	Mindful Masculinities	Antonio Lyons
	17h00 for 17h30-20h00	Wits Theatre Complex	Opening: HRSJ Season 2014	Welcome Drinks	Melville Liquor
				Welcome	Ayanda Khala-Phiri and Refiloe Lepere
				Key Address	Rejane Williams (Wits)
				Site Specific Piece: Concrete Metaphors	Themba Mkhoma and Jacqueline Titus
				Performance: Morwa: The Rising Son	Tefo Paya
				Facilitated Discussion	Hamish Neill
19h00	VOW UC9	Life.Beats Radio Show	Mental Health. The rights and responsibilities of students.	DFL Life.Beats Team	
Tuesday 18 March	13h30 - 14h00	Education Campus open area outside the canteen (in front of Linder Auditorium)	Ward 8	Stand-Up Comedy	Nonkululeko Mthethwa
	14h15-15h15	Education Campus	Talk: Mental illness in the classroom	Awareness, Advocacy & Communications Officer for Central Gauteng Mental Health Society. Her expertise is schizophrenia as she have been living with a diagnosis for the past 21 years.	Charlene Sunkel
	13h15 - 14h15	The Space Frame	Performance: Bits and Puzzles	This is a facilitated play into the effects of mental illness on a small tight knit family who find themselves confronting, who and what is the illness. They don't understand, they don't know how they came to be at this point of brokenness. But with the help of the audience, they attempt to rebuild. Can other people interfere, prod, poke and affect the choices we make? Can we summon up the courage to defeat things we cannot see, hear or even know exist? Is this all real or just another extended dream we find ourselves struggling to get out of? Some of the questions the play aims to answer.	Pusetso "Goose" Thibedi
				Facilitated Discussion	Majesty Mnyandu
	10h30 - 12h30	DFL	Workshop: Emotional Intelligence		Shameen Naidu
	19:30-20:30	Med Hurst Residence including EOH and Nokendo residents	Site Specific Piece: Concrete Metaphors	This piece will be informed by stories that are collected. And shaped around the design concept of Concrete metaphors. The piece is set in spaces whose names are used as metaphors to describe human distress. Each of the five pieces' title is a concrete metaphor: "In a Tight CORNER" happens in a corner of a building. "Hitting the BRICK WALL" is set on a wall. "STEP Up" is set on the stairs. "Feeling DOWN" explores movements on the floor. "Mood SWING"s action is centred on a makeshift swing.	Themba Mkhoma and Jacqueline Titus
	16h00-18h00	Postgrad Room SWE	Panel Discussion	Understanding the right to Mental Wellness within an African contexts.	Dr Ken Mutuma (Human Rights law, Nelson Mandela Community Dialogue) Lucy Draper-Clark (Mindfulness Africa) Raj Naran (CCDU)
				Facilitated Discussion	CCDU/ Faith Busika
	16h00	University Corner	Performance: Homeostasis	Homeostasis is an interactive performance art piece, which aims to take the audience on an experiential journey following some of the difficulties faced by refugees and asylum seekers arriving at the South African. It will draw parallels with the difficulties that students face when they have to seek out their own shelter and livelihood while at the university. Addressing the complex issue of squatting and homelessness. Divided into groups, the audience must make decisions that will change the course of their journey through the performance, giving each group a unique experience of the asylum/squatting life. The performance creatively exposes the audience to some of the trauma, difficulty and lack of psychosocial support for asylum and home seekers.	Monique Hill
	17h30	Amphitheatre	Performance: Heading Out	A play exploring the idea of hearing voices. The play tells the story of how one woman takes the time to finally face her fears, trauma and voices.	Refiloe Lepere
				Facilitated Discussion	Limpho Kou
18h30	Downstairs Theatre	An angel at my table Jane Campion, 1990.	Facilitated Discussion	Adriana Cunha/ Hamish Neill	
19h30	Nunnery	Poetry Performance: Poet.o.type	Poet.o.type follows the two warped journeys of an eager OCD student, as he contends with the varied lessons of his dynamic teacher in a dirty and dangerous city. The play is a poetic journey into the lives of	Jefferson Tshabalala	
Wednesday 19 March	13h30 - 14h00	FNB Building, Wits West Campus	Ward 8	Stand-Up Comedy	Nonkululeko Mthethwa
	14h15-15h15	Wits West Campus	Talk: Mental illness in the classroom		Charlene Sunkel
	15h00	Science Stadium, Wits West Campus	Performance: Bits and Puzzles	This is a facilitated play into the effects of mental illness on a small tight knit family who find themselves confronting, who and what is the illness. They don't understand, they don't know how they came to be at this point of brokenness. But with the help of the audience, they attempt to rebuild. Can other people interfere, prod, poke and affect the choices we make? Can we summon up the courage to defeat things we cannot see, hear or even know exist? Is this all real or just another extended dream we find ourselves struggling to get out of? Some of the questions the play aims to answer.	Pusetso "Goose" Thibedi
	TBC	Wits Med School	Workshop: Emotional Intelligence	Facilitated Discussion	Majesty Mnyandu
					Shameen Naidu
	19h00	Esselen Residence	Site Specific Piece: Concrete Metaphors	This piece will be informed by stories that are collected. And shaped around the design concept of Concrete metaphors. The piece is set in spaces whose names are used as metaphors to describe human distress. Each of the five pieces' title is a concrete metaphor: "In a Tight CORNER" happens in a corner of a building. "Hitting the BRICK WALL" is set on a wall. "STEP Up" is set on the stairs. "Feeling DOWN" explores movements on the floor. "Mood SWING"s action is centred on a makeshift swing.	Themba Mkhoma and Jacqueline Titus
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				Hamish Neill/ Adriana Cunha	
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Thursday 20 March	12h30-14h15	Library Lawns	Closing: HRSJ Season 2014	Picnic on the Lawns	Thembile Tshuma
				Marimba Band	Nonkululeko Mthethwa
				Stand-Up Comedy: Ward 8	Jefferson Tshabalala
				Poet.o.type excerpt	Eileen Maleka
				Bill of Responsibilities Code	